

# The Minnow & the Trout

A Fine Frenzy

Help me out said the minnow to the trout  
I was lost and found myself swimming in your mouth  
Help me chief  
I've got to plans for you and me  
I swear upon this riverbed  
I'll help you feel young again

Not your every day circumstance  
Hummingbird taking coffee with the ants

Please, I know that we're different  
We were one cell in the sea in the beginning  
And what we're made of was all the same once  
We're not that different after all

Help me out said the eagle to the dove  
I've fallen from my nest so high above  
Help me fly  
I am too afraid try  
Now saddled with a fear of heights  
I'm praying you can set me right

Not your everyday circumstance  
Elephant sharing peanuts with the rats  
And I said

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We are tied in history  
Connected like a family

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All the same  
We're not that different after all