Fear will eat you up inside And if you let it grow it will only multiply It will control you, never will let go of you Until it has led to your demise If you let all this control your life Then you will have the regret deep inside Your fears will never be exorcised You've gotta be true to yourself True to yourself That's the only way to be That's the only way to go That's the only way for me Above all things you gotta be true to yourself Yes like you I've had my doubts I had to overcome I had to figure it all out It took time, sometimes I wasn't sure But somehow I seem to make it all work Now there's no more sense of urgency There's now self confidence inside of me I know the person who I'll always be And I gotta be true to myself True to yourself That's the only way to be That's the only way to go That's the only way for me Above all things you gotta be true to yourself So now what are you gonna do? If you set out with something to prove, I'll tip my hat to you But if you want to choke I'm not gonna buy the rope And when your lips get stiff and cold I'll say I told you so True to yourself That's the only way to be That's the only way to go That's the only way for me Above all things you gotta be true to yourself