

Lately I've been feeling it all
It's overwhelming
My ego's selling me short

And it's harder to forget it
When I'm the one that said it

"You're a loser
You're an addict
The things you want
You'll never have it"

You'll never know
What I'm going through alone
Going through alone

Conversations
That I have with myself
Expectations
Set too high I can't look down

Too far gone to quit right now
And my head it keeps on spinning

Conversations
That I just can't tune out

Same old damn exchange
My body and my brain
Telling me that I don't deserve
Anything I've worked for
And the breath I've cut short
Ain't it funny
How my mind gets in the way

Conversations
That I have with myself
Expectations
Set too high I can't look down

Too far gone to quit right now
And my head it keeps on spinning

Conversations
That I just can't tune out

Conversations with myself
I just can't tune out
Fuck