

Every day is a Saturday, in the month of Spring  
Seems the world is full of girls  
Lookin' out for that love thing  
The hood's down, we're cruising downtown  
Just hangin' with my friends  
The radio's ready to blow  
We're getting in that vibe again

When your body keeps swaying side to side  
Your spirit is free, it feels good to be alive  
Oh yeah, that's the swing (swing)  
When you're happy to face the day with a smile  
Open your heart, let somebody inside  
Oh yeah, that's the swing (swing)

Everyone is having fun, like a holiday yeah  
Plain to see she's the one for me  
Don't need words to communicate  
The music's loud, we're foolin' around  
Just getting in the groove yeah  
The sun's out, a lot of people about  
We're checking out the views

When your body keeps swaying side to side  
Your spirit is free, it feels good to be alive  
Oh yeah, that's the swing (swing)  
When you're happy to face the day with a smile  
Open your heart, let somebody inside  
Oh yeah, that's the swing (swing)

It's a kinda faith that you believe  
To free your soul to fly  
Kinda hope that makes you see  
Your dreams can come to life

Here I am and I'm gonna try to make you understand  
'Bout the things that I'm feelin'  
'Cos the swing's got me reelin'  
Try thinkin' about the things that make you happy  
Keep your dreams alive, people this is how it can be  
When you think that we're just hangin' and we're doin' bad  
We're just feelin' things that you never felt and never had  
'Cos when you wake up in the mornin' and your soul's singin'  
That's why you're swing it

When your body keeps swaying side to side  
Your spirit is free, it feels good to be alive  
Oh yeah, that's the swing (swing)  
When you're happy to face the day with a smile (when you're happy)  
Open your heart, let somebody inside  
That's the swing (swing)