

Help Me

7eventh Time Down

Pouring out my heart, it's broken
In pieces again, still breaking at the bends
Tears falling from my eyes from coping
Will the cycle end, I'm thinking I just need a friend

Same brain different day
Everybody says that it just takes faith
My life's crushing me
Looking for a reason to believe
God I need a break through, so

Help me, help me
I don't have the words to say
Help me, help me
I'm tired of locking my own chains
How can I survive this life dying to thrive
Help me, help me

I need a break through, so what you gonna do
I need a break through, come on

Every single day, they're fighting
The voices in my head, they won't let me forget
No hole deep enough to bury the demons I'm hiding
The blurry side of me, I hope you never see

Same shame different day
Everybody says that it just takes faith
My life's crushing me
But I finally got a reason to believe
God I need a break through, so

Help me, help me
I don't have the words to say
Help me, help me
I'm tired of locking my own chains
How can I survive this life dying to thrive
Help me, help me

I need a break through, so what you gonna do
I need a break through, come on

I know it's not too late
I gotta be patient
You're speaking to me
So I'm studying the language
I know it's not too late (it's never too late)
I gotta be patient (I gotta be patient)
You're speaking to me (You're speaking to me)
I need interpretation (I just need interpretation)
God I need a break through, so

Help me, help me (help me)
I don't have the words to say
Help me, help me (help me)
I'm tired of locking my own chains

Help me, help me (help me)
I don't have the words to say
Help me, help me (help me)
I'm tired of locking my own chains
How can I survive this life dying to thrive (help me)
Help me, help me

I need a break through, so what you gonna do
I need a break through, come on, come on
I need a break through, so what you gonna do
I need a break through, come on