

# Training Day

40 Below Summer

How can I fail  
Again I swear I'll let you down  
How can I fail  
Again I swear  
You'll feel the craze  
Smiles and blades  
Source of confusion  
Plucking away  
This is the union  
This the day  
This is the answer  
This is the game  
Try (try)  
My (my)  
Death through the failure that's breakin me outta my  
Life (life)  
I (I)  
Cry (cry)

How can I fail (anything and everything inside of me that I can't reach)  
Again I swear I'll let you down? (anything and everything at all)  
How can I fail? (anything and everything inside of me that I can't reach)  
Again I swear

I'm falling down  
Down in this hole  
Taking it's time  
Taking it's toll  
Closing the casket  
Digging the grave  
Better to die  
Than live like a slave  
Lie (lie)  
I (I)  
Fell from the mirrors reflection that burns through my  
Eyes (eyes)  
I (I)  
Cry (cry)

How can I fail (anything and everything inside of me that I can't reach)  
Again I swear I'll let you down (anything and everything at all)  
How can I fail? (anything and everything inside of me that I can't reach)

Again I swear  
I'll let you down  
I can feel the ugliness  
Within the sickness  
Crawling in my skin  
It's reconstructing me again  
This life  
This ugliness  
No way to escape from the silence  
That takes me  
Over and burns me alive  
It's suffering  
That I can't wait (suffering)  
That I can't wait to die

How can I fail (anything and everything inside of me that I can't reach)  
Again I swear I'll let you down (anything and everything at all)  
How can I fail? (anything and everything inside of me that I can't reach)  
Again I swear

It's time to die  
Fuck you and die  
Fuck you and die  
Fuck you and die  
Fuck you and die  
Fuck you and die  
Fuck you and die  
Fuck you and die