

Suck It Up

40 Below Summer

One more time to dig into my skin
You'll ignite so I can burn again
Sick like that - you'd better walk away
And set to snap - before I demonstrate
Played on this, you split me open
Preyed on this raw emotion
And force - feed me till I'm bloated
And swallow these open throated
I can't feel this way - so ordinary
Wrapped in all this pain - distorted every day
And I can't breathe - you've suffocated me and all my needs
And I can't scream again
Break me down - I'm breaking mentally
Break me down - I'm breaking everyday
Cover me - yes, I've had enough
Smother me - you better let me up
Eyes on this - psycho explosion
Your silent wish for my erosion
Bent on determination
And mental evisceration
I can't feel this way - so ordinary
Wrapped in all this pain - distorted every
Day and I can't breathe - you've suffocated
Me and all my
Why can't you leave me alone (no way)
Stripping me down to the bone (don't say) [repeat]
Force-fed and inbred and stunted,
Y'all made me feel so unwanted
Get off my case fore i make you-
Get out my face fore i break you.
Stain, change, range (suck it up)
Maim, aim, blame (suck it up)
Vacate now (suck it up) -
Take you out
I can't feel this way - so ordinary
Wrapped in all this pain - distorted every
Day and I can't breathe - you've suffocated
Me and all my needs
And I can't scream again
Again again again (suck it up)
Again again again (lick it)
Again again again (suck it up)
Again again again!