

## Breathe It Out

### 3rd Strike

We gotta stop it cuz we cant feed this disease  
too many dead and too many living on their knees  
heavenly father make us stronger  
help us live in peace  
kill this fucking sickness  
i need to feel my soul release  
we done our time  
yeah we felt the pain that life can give  
everyday steady dying lord  
but still we live so confused abused  
and still insanity seems the only way that i can feel humanity

breath it out  
or we sink so far down  
so far down

fool you kill your brother  
and you think that makes you a man  
try to tell his mother why she'll never see her son again  
fucking coward go hid behind your false pride  
street talking facade helps you justify this genocide  
that's the card you deal  
to hide the pain you feel  
claimin' homey love but i'm telling you it isn't real  
no ones got your back when its time for you to go  
cuz when you leave this world  
you'll be going out alone

so try to understand  
we've got to save ourselves  
cuz our fate lies in our hands  
it's you and no one else

we gotta breathe it out  
we gotta save ourselves  
cry out  
kill the violence  
cryout  
chant the freedom  
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