

If there's a scream inside of you
Just let it go
You're beating yourself up baby
Don't you know
You've got to get through
And lift the roof off your soul

It's like the pain locked
In the part of your heart
It's never gonna leave it
Unless you start
To warm it up
Be wise and be smart

Out on the ocean
There's no one around
No one to hear a sound
It's just us out here
Out on the ocean
Speaking free

Away from the city
Away from the ears that
Bug us and judge us
It's so liberating
To be free
And my heart slows down

Nice and easy
And your breathing will be pleasing
Just speak easy
And say what's on your mind
I search for something
To compare you to
Thought long and hard
For a simile true
Now I'm suddenly aware
End the quest you're beyond compare
So speak easy

If there's a shadow in your life
Then there's sunshine
Things turning inside out
All the time
Just rewind
It's all in your mind

Oh so speak easy
Out here we're floating
Late in the night
And the only light to guide us is a
Full moon that's glowing
On the sea

Nice and easy
And your breathing will be pleasing
Just speak easy

And say what's on your mind
I search for something
To compare you to
Thought long and hard
For a simile true
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Speak easy
Speak easy
Speak easy