Girl, whenI think about you I only thinkof one thing You know what that is

I lock my door get down on the floor
& I rub one out, baby
I sit back in my chair like I just don't care
& I rub one out, baby
When I'm feeling lonely & I want you to hold me
I rub one out

Rub one out, hey don't be shy
Rub one out, don't ask why
Rub one out, I'll grab my crotch
Rub one out, do you wanna watch?

When I'm all alone, UGH, & you're on the phone I rub one out
When I'm feeling hot & I'm all in a knot
I rub one out
So baby don't be shy, don't ask why
I rub one out, baby

Rub one out, hey don't be shy
Rub one out, don't ask why
Rub one out, I'll grab my crotch
Rub one out, do you wanna watch?

Girl, I wanna get inside you
all I need is to get beside you
Leave a message on my machine, my machine
Warm & sexy & I rub one out
'cause that's teh way that it affects me, baby

It's not enough, kissing & stuff
so I rub one out
when you're not here & I want you near
I rub one out

Rub one out, hey don't be shy
Rub one out, don't ask why
Rub one out, I'll grab my crotch
Rub one out, do you wanna watch?