

Hold it down Rudie enough is enough  
Kill it with kindness, kill it with love  
No more deceiving; so throw off the gloves  
Kill them with kindness kill them with love.

Fill them with feeling straight from the heart  
Dealing with healing will set you apart  
Respecting their meaning; releasing the dove  
Will chill them with kindness; instil them with love

Don't lose it Rudie get high on the buzz  
Remember how kindness, could fill you with love  
The sun could be shining with blue skies above.  
In love with the kindness, so kind of in love.

Believing in nothing is hard to believe  
Discovering something is hard to achieve  
A change must be coming the times right because  
We're in need of some kindness and needing some love