I call her name I hear her voice
But I know she's somewhere else
Shadows fall around my heart
As I whisper to myself
What kind of fool can't see
That she's really gone
She let go
But I'm still holdin' on

Don't know if I can break away From a slow moving memory Still livin' in yesterday With a slow moving memory

Feels like I move in circles
Everywhere I go
Dragging this ball and chain
That's wrapped around my soul
There's a life after her
Or so I'm told
But that's a life
That I may never know

Don't know if I can break away From a slow moving memory Still livin' in yesterday With a slow moving memory

I've tried to move on
I try to be strong
I pray someday she'll be long, long gone

Don't know if I can break away From a slow moving memory Still livin' in yesterday With a slow moving memory

From a slow moving memory From a slow moving memory With a slow moving memory From a slow moving memory With a slow moving memory