

Reaching out again might take more than I have  
Blinded by resentment and tortured by regret  
Drowning within memories I'd do anything to forget  
What I said and what it meant  
If I could I'd take it back  
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If I could I'd take it back  
Reaching out again might take more than I have  
Blinded by resentment and tortured by regret  
Drowning within memories I'd do anything to forget  
But what I've learned and how I've bled  
Won't make me restrain myself again  
And moving on beyond the darkest days I'll take one step forward