Do you feel lost?
Because I feel lost
Do you feel let down
Because I feel so let down
Do you feel betrayed?
Do you feel bewildered?
How do we explain this,
Do you have the answers?

It's okay not to be okay It's okay not to be okay It's okay not to be okay It's okay not to be okay

Do you feel lost?

Because I feel lost

Do you feel let down

Because I feel so let down

Do you feel betrayed?

Do you feel bewildered?

How do we explain this,

Do you have the answers?

It's okay not to be okay
When you're living through this

Is this the end of empathy? Turn away from the poor Pulling up the drawbridge And bolting the door What about the helpless? What about the homeless? What about the desperates? What about the hopeless?

It's okay not to be okay It's okay not to be okay