

Everything has changed
For the worst, and I can't seem to shake this evil curse
It seems to follow me
It resides with pain and failure
Deep inside my soul it's cold
What can I do when all those inner demons start to burn
And will I start to drag or begin to fall behind

Breathe in, breathe out Survive
I felt condemned to this and I'm not going back again
Start to begin
Breathe in, Breathe out Survive, keep my head above the water
And get my feet back on the sand
Because tomorrow might be all I get

All the smiles we waste
The second time is always said to be much better than the first

So why does it hurt?
Could it be our smiles are nothing but wrinkles on our face
It's such a waste

Feelings were meant to be told, stand out with the cold
And truth stands aside

Breathe in, breathe out Survive
I felt condemned to this and I'm not going back again
Start to begin
Breathe in, Breathe out Survive, keep my head above the water
And get my feet back on the sand
Because tomorrow might be all I get

Let down, betrayed for what I gave, I should have left it alone

Just leave, and wipe the burn from my eyes

Let down, betrayed for what I gave, I should have left it alone

Just leave, and wipe the burn from my eyes

Breathe in, breathe out Survive
I felt condemned to this and
I'm not going back again, Start to begin
Breathe in, Breathe out reset
Because tomorrow might be all I get