Another day is laid to waste crippled by my fallen grace I'm on my knees again, my soul is wearing thin Searching for some clarity deep within this misery There's no one else to blame, so I scream out your name

Lift me up so I can tear down
These smothering walls
Break those ribs
Watch 'em all fall
Conquering these demons suffocating reason
In this internal cell
Give me strength
Deliver me from myself
I can hear your call breaking down these smothering walls

My innocence is laid to rest
The ashes of my own excess and only guilt remains
A shadow of my chain
Temptation cuts straight to the core an open wound I can't ignore
But now I recognize this blessing in disguise

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Deliver me Deliver me Deliver me

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Breaking down these smothering walls