Symptoms

Testament

Trapped between these eyes
Mistrust, no compromise
Can't see the cause
Grasping at empty straws
Your love turned to scorn
Like a toxic thorn
Deepening despair
Psychotherapeutic care

Shame...
Symptoms
(Suffering)
Blame...
Symptoms
Dark thoughts within my brain
Shame...
Symptoms
(Suffering)
Blame...
Symptoms
I struggle to be sane

Extricate your mind
Unchain the ties that bind you
Cover up your tracks
When the world is on your back
It's time to arise
Analyze words of the wise
Realize it's not your fault
When emotion launches its assault

Acting irrational False accusations Make it impossible Frustrations

Shame...
Symptoms
(Suffering)
Blame...
Symptoms
Dark thoughts within my brain
Shame...
Symptoms
(Suffering)
Blame...
Symptoms
I struggle to be sane

Acting irrational False accusations Make it impossible Frustrations

Shame...
Symptoms
(Suffering)

Blame...
Symptoms

Shame...

Symptoms

(Suffering)

Blame...

Symptoms

Dark thoughts within my brain

Shame...

Symptoms

(Suffering)

Blame...

Symptoms

I struggle to be sane

Shame...

Symptoms

(Suffering)

Blame...

Symptoms

My self-inflicted pain