We're Gonna Be Alright

Switchfoot

It's ok to fear It's ok when you feel small You're ok right here It's ok when you feel nothing at all It's ok to find out What you though you had ain't what you got It's ok to doubt

To learn what you think ain't what you thought We are always in motion Like the winds, the tides, the ocean Everyday I'm born again I wake up I feel that second wind We're gonna be alright I've seen the look in your eye We're gonna be alright Just take a look at the sky We're gonna be alright

It's ok to grieve
It's ok to learn to fall
It's ok to believe
To admit that you're human after all
It's ok to heal
All of those scars buried deep inside
It's ok to feel
To say all the things you've been trying to hide
Lift it up to the ceiling
Cause we all need that healing
Let's get lost in the feeling, the feeling
The feeling
We're gonna be alright