

# Hollow Heart

## Silent Screams

I've given up being exhausted all the time feel the rush of anxiety  
A burning in my veins  
Makes me feel that I'll never take control  
Get me out  
I can't stand to be alone  
Ashamed of being the let down  
You can't save me with good intentions  
What's happening to me?  
Hopeful but still afraid  
I'll continue down this path until  
My shadow starts to fade  
All that I can take seems to follow me around  
I can't seem to shake them from my head  
Is it all imitation? Are we feeding on repetition?  
Just spit it out, take control of your life  
Although my body is beaten and worn,  
Bruised and bleeding  
My body is beaten and worn still I rebuild and carry on  
I've fucking had enough of all the shit that you've fed to me  
I wanna be numb but not addicted to this  
I made a promise to myself this would never take me over never  
pull me under  
An emptiness  
A hollow heart  
All that's left of this hollow heart  
Is knowing that I can't be hurt again  
I feel like it's dragging me down  
I feel like shit, its dragging me down