And you're walking down the dark side of the street And you're feeling like a stranger, surrounded by defeat

And there's nowhere left to go in this fractured world And there's no place left to hide

And you're haunted by the ghosts of who you were And who you wanna be
And you thought you knew the story
But you forgot the words
And I wish that you could see what I see
And I wish that you could know oh, oh

Sometimes you have to lose it all
Close your eyes and take the fall
And then you'll know you're never alone
And every reason has a time
And when you feel you'll never find your way back home
You're never alone

It's the wind that blows through the stillness of the day

And the glimpse of sun that steals you out of the rain And everybody's felt what you're feeling right now And someday you will see, yeah, yeah, yeah

Sometimes you have to lose it all
Close your eyes and take the fall
And then you'll know you're never alone
And every reason has a time
And when you feel you'll never find your way back home
You're never alone

Sometimes we feel like it's falling apart Till we open our eyes then we realise We're still alive What doesn't kill us makes us stronger What doesn't break us, makes us better And I'm wishing I could fix it And I wish we were together But there's someone by your side I'm right here by your side You're not alone, you're not alone

Sometimes you have to lose it all Close your eyes and take the fall And then you'll know, you know Sometimes

Sometimes you have to lose it all
Close your eyes and take the fall
And then you'll know you're never alone
And every reason has a time
And when you feel you'll never find your way back home
You're never alone