We're really ready to run

She gets an hour for lunch but if it comes to the crunch She can stretch it if you know what I mean She meets him at a hotel where they're not known very well 'Cause they never stay beyond 2:15 She does her make-up with care and runs a brush through her hair Then grabs a cab back up to Third Avenue And at a quarter to three, her friends say "Oh-my-oh-me, Whatever you just had for lunch agrees with you" Lunch hour, lunch hour, lunch hour How do you find time to eat? Well, there are so many people on the street All of them are hungry, hungry, hungry, hungry, hungry, hungry Lunch hour, lunch hour, lunch hour Gimme a sandwich to go Well, as long as I can see you, I know I'll never go hungry He takes a drive every day From Brooklyn to JFK Because he meets a flight at noon from Montreal And every day he'll await Outside Air Canada's gate 'Cause she's a stewardess connecting with St. Paul And when his lady arrives They run for both of their lives Out to the Piper Cub Motel that they call home Then back to Terminal 2 She meets her husband anew He is the navigator of a flight from Rome And it's lunch hour, lunch hour, lunch hour How do you find time to eat? Well, there are so many people on the street And all of them are hungry, hungry, hungry, hungry, hungry, hungry Lunch hour, lunch hour, lunch hour Gimme a sandwich to go Well, as long as I can see you, I know I'll never go hungry No lunch, no brunch I'll munch something on the run, dear East side, west side Fast ride, lunch hour's begun here I'm on a diet (No lunch, no brunch) You might try it (I'll munch something on the run, dear) Fast food and hot love (East side, west side) You can do it Long as you got love (Fast ride, lunch hour's begun here) We live on a nine-hour day (No lunch, no brunch) We sleep 8 hours away (I'll munch something on the run, dear) Work from 9 to 5 with 60 minutes off (East side, west side) So when lunch hour's begun

(Fast ride, lunch hour's begun here)
It's on your mark, it's down and set, it's off
(No lunch, no brunch) Off to a table for two
Off to a room with a view
(I'll munch something on the run, dear)
With someone new who you just barely know
(East side, west side) You're really up for the date
And you don't want to be late
But still you swear your watch is 60 minutes slow

Is it lunch hour, lunch hour, lunch hour?
How do you find time to eat?
Well, there are so many people on the street
And all of them are hungry, hungry, hungry, hungry, hungry, hungry
Lunch hour, lunch hour, lunch hour
Gimme a sandwich to go
Well, as long as I can see you, I know
I'll never go hungry