I wish I could cross my arms
And cross your mind 'cause I believe
You'd unfold your paper heart
And wear it on your sleeve

All my life I wish I broke mirrors
Instead of promises
'Cause all I see is a shattered conscience
Staring right back at me

I wish I had covered all my tracks completely 'Cause I'm so afraid
Is that the light at the far end of the tunnel
Or just the train?

Lift your arms, only Heaven knows Where the danger grows and it's safe to say There's a bright light up ahead And help is on the way, help is on the way

I forget the last time I felt brave
I just recall insecurity
'Cause it came down like a tidal wave
And sorrow swept over me

Depression, please cut to the chase And cut a long story short Oh, please be done, how much longer Can this drama afford to run?

Fate looks sharp, severs all my ties And breaks whatever doesn't bend But sadly then, all my heavy hopes Just pull me back down again

I forget the last time I felt brave
I just recall insecurity
'Cause it came down like a tidal wave
And sorrow swept over me

Then I was given grace and love
I was blind but now I can see
'Cause I found a new hope from above
And courage swept over me

It hurts just to wake up Whenever you're wearing thin Alone on the outside So tired of looking in

The end is uncertain
And I've never been so afraid
But I don't need a telescope
To see that there's hope
And that makes me feel brave