

Can't Stop The Progress

Nesian Mystik

Intro

Brothers and sisters

I said Brothers and sisters

I said we are gathered here today

For a soul celebration

I said for a soul celebration

Chorus

Got that dance floor popping yo its on tonight

Got that groove in the music

Yeah the one that you like

So come on

What you waiting for

I Came to see the whole place get down, this be the
joint either side of town,

Even got joneses checking over their shoulders, uhh!

Cant stop the progress.

(Sabre)

Times up, get it started....who you going to call?

If you need that fire on the mic....yeah we got it all

Never short of words but we prefer to move

Keep the soul in the music and the love in the tunes

Polysaturate the globe with flows like an island breeze

Nesian on track make hits yes you bless believe

Keep the vibe right, never stray from the truth

Deliver every time; it's just what we do

Chorus

(Oldwun)

There aint no simple way of saying it we slayin' so /

Set the track on fire now its bout to explode 'its gon

blow' / From city to city from shore to shore / Dance

floor poppin off fo sho', fo sho' / From New York, New

York back down to New Zealand / we walk the walk, Give

the people what they feelin' / they talk the talk, put

your hands to the ceiling / Get em up, keep em up till

the blood starts leavin' em..

(Junz)

She looks me dead in the eye's coz she wants it, wants
me,

Too give her a ride on my Pony, So me,

Don't waste no time so lets dowse doe,

Ima hoe down pro lets go,

You need to follow me miss,

With a kick step twist, then roll like this wit cha

hips, Now slide either side, Wave yo hand's in the sky,

Now you better get it right you know why.....

Bridge

You know we make you lose control

Can't stop the progress

Chorus