## The Catechism of Depression

## **Mournful Congregation**

Seething undertows shape searing limbs Relentless fuel for the eternal fires The flames devoured the seeds that contained them Long inert spirits have risen in restless glee

The once harmonious strings that bind the universe Have been tuned to dischord

Cacophonous aura of illness and woe

Man is but beast of inimitable foulness But spirit is foulest, devoid and askew

Impure is the secret that all men speak Impurity is the secret.....