I've done a lot of thinking I've been sweating all out I've been down on my knees For crying out loud Wake up at night With your name on my tongue Begging for you to forgive The wrong things I've done I can't take another day Living it plain Can't go another round It's such lousy pay Gotta get to the call And get it all this way I'm just sitting her waiting It's such a heavy way

So lift me up
Take me in your arms
Let me stay this time around
So lift me up
Don't drag me down
I need your help this time around

So sick and tired of all the people That don't understand what I'm all about

So sick and tired of all the dealing Gonna come my way one fine day

So sick and tired of all the people
That don't understand what I'm all about
I know three chords and a bunch of lies
And I've learned to live it well

So lift me up
Take me in your arms
Let me stay this time around
So lift me up
Don't drag me down
I need your help this time around

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