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I'm really having trouble right now
I can't seem to express myself
I really hope I figure it out
I know I suck at everything else
How am I gonna mess it up, mess it up?
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How am I gonna hold it back, hold it back in?
How am I gonna fail now, fail now?
How am I gonna hold it back, hold it back again?

Cause I the lost one will never feel whole
And I will wander the earth like a broken soul
And I will wait for the better days to come
Cause I'm the lost one

I really wanna vacate myself
I really wanna take all my health
Give it all to somebody else
What's the point of working it out?

How am I gonna fail now, fail now?
How am I gonna prolong being man?
How am I gonna mess it up, mess it up?
How am I gonna hold it all, hold it all in?

Cause I the lost one will never feel whole
And I will wander the earth like a broken soul
And I will wait for the better days to come
Cause I'm the lost one