You Can Do That

Lisa Stansfield

It's time to tell yourself
Nothing's quite as bad as it seems
And it's time to help yourself
To all the things you've only dreamed about

You don't know what's up
Everything feels so low down
Pick yourself right up
You can make it better baby, you can make it better

You've got to live your life
You can do that
You've got to make it right
You can do that
Your got to let some light in your life

Don't be afraid to cry
You can do that
Don't be afraid to take a look inside
You can do that
It's just a state of mind
It's all right

There's no more turning back
And straight ahead there's so much more
Don't dwell on what you lack
Look at what you have and open up that door

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