

# Breaking The Habit

Linkin Park

Memories consume  
Like opening the wound  
I'm picking me apart again  
You all assume  
I'm safe here in my room  
[Unless I try to start again]

I don't want to be the one  
The battles always choose  
'Cause inside I realize  
That i'm the one confused

I don't know what's worth fighting for  
Or why I have to scream  
I don't know why I instigate  
And say what I don't mean  
I don't know how I got this way  
I know it's not alright  
So I'm breaking the habit  
Tonight

Clutching my cure  
I tightly lock the door  
I try to catch my breath again  
I hurt much more  
Than anytime before  
I had no options left again

I'll paint it on the walls  
'Cause i'm the one at fault  
I'll never fight again  
And this is how it ends

I don't know what's worth fighting for  
Or why I have to scream  
But now I have some clarity  
To show you what I mean  
I don't know how I got this way  
I'll never be alright  
So I'm breaking the habit  
Breaking the Habit  
Tonight