Save me from myself I can't help it, I'm breaking down Save me from myself I could use your faith right now My skin is crawling and feel this pressure Rushing from the inside out I am lost right now My mind is racing Inside I'm cursing Burning in my darkest thoughts again So I keep asking myself (Will I) Will I be strong enough to face this mess? (So I) Stand here begging for help (We are) The only humans walking through this hell Save me from myself I could use your faith, I'm breaking down Depressed and hopeless And held in despair Don't know how to find a way to release myself I'm going crazy So close to getting out Lies beneath, feels like it used to be So I keep asking myself (Will I) Will I be strong enough to face this mess? (So I) Stand here begging for help (We are) The only humans walking through this hell And what remains is the shadow of my past I look in the mirror and hate what I see I don't recognise my face anymore And wonder where all of my dreams are gone Feeling lost and empty

Save me from myself I could use your faith, I'm breaking down

I know I can't turn back time
But I just don't want to give up

So I keep asking myself
(Will I) Will I be strong enough to face this mess?
(So I) Stand here begging for help
(We are) The only humans walking through this hell

I can't give up