Clash incontorolable with your mind Denial of huge desires to die Weak on your feet, trapped in your world Silently screaming, you just can't let go

Remember your terrible infancy Slap your veins, prepare to feed Away from the mirror, the truth seems to lie Try to open your eyes

[Chrous]
Just one road to be
One way to be free
While I see your grave
Fathom your death by self-hate

Running against all that would make you see Bottomless pit you keep falling in Needles and stones, disgrace and disease Snow in your nose, you're in for the deep

Selling your shit to pay for this need Steel and deceive hell is here Your body a temple, your mind a charade Raise from the dead, the lifeless parade

[Chrous]

Hate, hate, hate, self-hate

[Solo]

[Chrous]

Hate, hate, hate, self-hate...