

If this is what you want, I'll show you what you get
For taking higher roads with a cooler head
Instead of weighing outcomes incessantly
(They go on and on, on and on)
I wanna follow through, it doesn't matter how
I wanna breathe the air and not just to let it out
Instead of playin' off the cuff

Just breathe
If the world has opened up beneath your feet
And you're pushing daisies up from underneath
When all you need is just beyond your reach
Just don't forget to breathe
Just breathe

Tough times ahead and that's okay
Exhale, but don't blow out the flame
Choked up for lack of better phrase
Gasping for air

Breathe
If the world has opened up beneath your feet
And you're pushing daisies up from underneath
When all you need is just beyond your reach
Just don't forget, don't forget to breathe

(Just don't forget to breathe)

Buckle up, 'cause you're gonna feel
It in the chest, we're due to decompress
Fill your lungs and hope we're even
Sport a smile like you don't know what comes next
Shut me out with all my demons
But don't ignore the ones in your own head
Potential power lost in sequence
To keep it short, I've done more with less
I'm an individual, all I ever asked for was respect
Remind me once again to breathe

'Cause the world just opened beneath my feet
And you're pushing daisies up from underneath
When all you need is just beyond your reach
Just don't forget to breathe

If this is what you want
I'll show you what you get
For taking higher roads with a cooler head
Instead of weighing outcomes incessantly
Just don't forget
No, don't forget