There's always been those times when I needed a breather When I might need a quick break from being the leader Cause I'm just human, you gotta feel that We're all just here to learn and everyday we are put up to bat If you feeling down, no you ain't alone And if you feeling all confused, no you are not on your own Don't stress
Yeah we're too blessed

Someone told me babe when the tide is high, you just get low Hold your breath and take it slow
Yes I might get wet
I might get thrown
But I'll resurface all on my own

I'll be alright, be alright
Just go with the tide
I'll be alright, be alright
I'll be doing fine
Be alright, be alright
Just go with the tide

I always have those days when I feel unworthy
When I sit back and ask God why he chose me
Cause I'm just human, just like you are
We see the same ol' sky, at night we see the same stars
So if you feeling down, no you not alone
And if you feeling all confused, no you are not on your own
Don't trip
Baby just live

Someone told me babe when the tide is high, you just get low Hold your breath and take it slow
Yes I might get wet
I might get thrown
But I'll resurface all on my own

I'll be alright, be alright
Just go with the tide
I'll be alright, be alright
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Just go with the tide