People come and People go They take and they give Build you up Just to let you down That's just the way it is All I need is one friend To get me through the day One friend That never goes away Only one friend To understand And never let me down I've been in love I've been in pain I'm a sinner And a saint No matter where I am Or what I do It's you I appreciate All I need is one friend To get me through the day One friend That never goes away Only one friend To understand And never let me down Can't nobody love you More than you love yourself And as long as I've got my one good friend I don't need nobody else All I need is one friend To get me through the day One friend That never goes away Only one friend To understand And never let me down