

## Weight Lifting

Katie Herzig

Can you feel the weight it's lifting  
Can you see the shape we're shifting  
We're wide awake we're listening only to our hearts now  
It was never us against the world  
It was never with a boy or girl  
It's been waiting in the light and shining oh so brightly

Oh you were never mine to lose  
But your heart stayed there  
With your body too  
No you were never mine to win  
But I kept you close and you crept right in

We were living in a frozen state of mind  
Heavy lovers with our heavy hearts and minds  
Couldn't see it 'til I held it in my hands and not let go  
Oh I believe that this is real  
Oh I believe the hope I feel  
It's waiting in the light  
It's always waiting in the light

Oh you were never mine to lose  
But your heart stayed there  
With your body too  
No you were never mine to win  
But I kept you close and you crept right in