

# ADHD

Joyner Lucas

It kinda feels like I'm dyin' on the inside  
It kinda feels like I been tryna get by

And I been this way since day one  
I don't need no medication  
No, I don't need no drugs  
What? Maybe I'm different  
And maybe my ADHD got me trippin'  
And maybe I'm just everything that you missin', yeah

I feel like I'm dying inside  
Why do I think crazy?  
Someone save me  
You can't blame me  
It's my ADHD

Yeah, my mind racin', I been paranoid  
Overthinking, maybe that's a void  
Don't cut me off like I don't have a voice  
I think I was born different  
I ain't really have a choice, yeah  
Counsellin' session, you a hour late  
Don't play with me, today is not the day  
Pay attention, I am no deranged  
I could tell you what I'm thinkin'  
I just don't know how to say it

Maybe I get on yo' nerves  
I mean what I say  
I been a man of my word  
Yeah, I'm wide awake  
Maybe a little disturbed  
But that's just me  
You don't bleed the blood I bleed  
I wear my heart on my sleeve, nigga

And I been this way since day one  
I don't need no medication  
No, I don't need no drugs  
What? Maybe I'm different  
And maybe my ADHD got me trippin'  
And maybe I'm just everything that you missin', yeah

I feel like I'm dying inside  
Why do I think crazy?  
Someone save me  
You can't blame me  
It's my ADHD

Yeah, it kinda feels like I'm dyin' on the inside  
It kinda feels like I been tryna get by

Yippie, yippie, ya, yo  
Yippie, ya, ya  
Starin' at the fire, Kumbaya  
I'ma take you higher, take you higher  
I'ma take you higher, take you higher

So many things in my head  
What am I thinkin'?  
How come I can't go sleep in my bed?  
I hear them talkin', everyone's tryin' to  
Leave me for dead  
'Cause they want me gone  
This that shit I be on  
Ain't no one to lean on

They know I been this way since day one  
I don't need no medication  
Or maybe I'm on one  
Or maybe I'm different  
And maybe my ADHD got me trippin'  
And maybe I'm just everything that you missin', yeah

I feel like I'm dying inside  
Why do I think crazy?  
Someone save me  
You can't blame me  
It's my ADHD

Yeah, it kinda feels like I'm dyin' on the inside