Missing something in my life
Searching for it day and night
Couldn't seem to get it right
'Til you walked my way
Leaving lovers one by one
Didn't like who I'd become
Couldn't face myself, I turn and run
Made me see that I could change

Out of my darkness
As I step into the light
We get a new day
Taking one step at a time

You were what I needed
I was falling
Hiding my emotion
You made me see the truth
Your love was what I needed
Hear me calling
Waiting for a lifetime
Girl, you were my rescue
All I needed was you

I used to always get my way
Told me that you wouldn't stay
Had to face it, what you had to say
If I wanted you
You tell me when I did you wrong
I guess I've known it all along
Cared enough and you stood strong
I believed in you

In my frustrations
Tried to become someone else
The years I've wasted
I'd been lying to myself

You were what I needed
I was falling
Hiding my emotion
You made me see the truth
Your love was what I needed
Hear me calling
Waiting for a lifetime
Hear me calling
What I needed
What I needed was you

In you I found shelter
How you believed in me, stood strong
You were there through my darkest hour
You lifted my spirit up
Brought out the best in me
And now I'll stand before you with all my love

You were what I needed

I was falling
Hiding my emotion
But you made me see the truth
Your love was what I needed
Hear me calling
Waiting for a lifetime
Girl you were my rescue
What I needed was you