

## Prison

Joseph Arthur

Help me find a reason  
In my darkest time  
To open up my heart  
And survive  
Help me gain my vision  
As I stand here blind  
Looking out for a place to be  
helpless and free  
where no one will recognize me

A prison inside myself  
I look at you  
I think I need your help  
(i look at you? to get through?)

Can you find the reason  
To put it down  
But you love the poison  
You found  
And all that you've been using  
To get you through  
Soon you'll see  
That it was using you  
A prison inside myself...