I saw her today, I saw her face
It was a face I loved and I knew
I had to run away-ay
And get down on my knees and pray-ay
That they'd go away
But still they begin
Needles and pins
Because of all my pride
The tears I gotta hide

Hey, I thought I was smart, I'd won her heart Didn't think I'd do, but now I see She's worse to him than me
Let her go ahead, take his love instead And one day she will see
Just how to say please
And get down on her knees
Yeah, that's how it begins—ah
She'll feel those needles and pins
A—hurtin' her, a—hurtin' her

Why can't I stop
And tell myself I'm wrong?
I'm wrong, so wrong.
Why can't I stand up
And tell myself I'm strong?

Because I saw her today, I saw her face
It was a face I loved and I knew
I had to run away-ay
And get down on my knees and pray-ay
That they'd go away
But still they begin
Needles and pins
Because of all my pride
The tears I gotta hide

Oh! Needles and pins Needles and pins Needles and pins