

Breathe

John Reuben

Suffocated by my own will
Your life is freedom and I want to start breathing
Closed in by my options lost in a mire
Of my own selfish impulse motive and desire
Constantly considering the consequences
Yet continue in the nonsense with a clear conscience
What did I think was going to happen
What makes this time any different from the last one
So I'm asking to get rid of this distraction
Because on my own I feel myself collapsing
Lungs gasping from a lack of air and what for
When I know that there's got to be more out there

(chorus)

Breathe in, breathe out
I'm tired of holding my breath

It's been a while since I've seen this side surface
Feeling far from home and distant from purpose
Worthless this Earth is I wished to vanish from it
Is it pointless or am I too stupid to take advantage of it
Isn't life more valuable than just existing
And aren't dreams more valid than just simple wishing
Force myself to listen sit in the silent golden as it may be
At times it feels violent
But I'll be patient and wait for your calm to come
Even though I get anxious and feel the urge to run
For I know where my strength comes from even though
I get anxious and feel the urge to run

(chorus)

Sometimes you feel like no one can stop you
And other times you feel like you have nothing to offer
Like right now I might be scared to death of death
And tomorrow I won't even care about my next breath
Left in the dark mad I can't see somewhere between pride and apathy
And I continue on and press past the chaos I feel
I just wish for one moment it would all stand still for real
I wish the world would just stop and let me catch my breath
Return to that place of childlike rest
In attempts to gain more sometimes you come up less
It's got me wanting to get away I guess
We're all looking for a place of simplicity
But it's a complex world and you can't hide from it's activity
But it sure would be nice to leave the world around
So I run towards the son/sun to shed the Earth that surrounds

(chorus)