

# You Raise Me Up

John Barrowman

When I am down and, oh my soul, so weary  
When troubles come and my heart burdened be  
Then, I am still and wait here in the silence,  
Until you come and sit a while with me

You raise me up, so I can stand on mountains  
You raise me up, to walk on stormy seas  
I am strong, when I am on your shoulders  
You raise me up  
To more than I can be

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There is no life - no life without its hunger  
Each restless heart beats so imperfectly  
But when you come and I am filled with wonder,  
Sometimes, I think I glimpse eternity.

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