

Daddy Dopamine

Jillette Johnson

Trying not to sit alone again, trying to get off my phone again
Feel like a rock, tight as a lock
I'm playing whack-a-
mole again, all I do is smack the hole again
I got a block, I don't wanna stop

Chew till I pop, straight sugar and shop
All my cares away
Glued to the screen, daddy dopamine
Lay away the lonely

Trying to get back my soul again, trying to get back control again of my brain
Shame, shame
I know that I'm resilient, I know that I'm a brilliant being
Hiding from pain

Chew till I pop, straight sugar and shop
All my cares away
Glued to the screen, daddy dopamine
Lay away the lonely

Sometimes I like to light myself on fire
Sometimes I like to let desire win
Sometimes I like to fight myself and tire out my inner demon
My inner demon, my inner demon

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