Well the dawn was coming, heard him ringing on my bell. He said, ``My name's the teacher, that is what I call myself. And I have a lesson that I must impart to you. It's an old expression but I must insist it's true.

Jump up, look around, find yourself some fun, no sense in sitting there hating everyone. No man's an island and his castle isn't home, the nest is for nothing when the bird has flown.''

So I took a journey, threw my world into the sea. With me went the teacher who found fun instead of me.

Hey man, what's the plan, what was that you said? Sun-tanned, drink in hand, lying there in bed. I try to socialize but I can't seem to find what I was looking for, got something on my mind.

Then the teacher told me it had been a lot of fun. Thanked me for his ticket and all that I had done.

Hey man, what's the plan, what was that you said? Sun-tanned, drink in hand, lying there in bed. I try to socialize but I can't seem to find what I was looking for, got something on my mind.