I've had a couple broken hearts
I've had a couple pieces couldn't seem to put together
I've had way too many sleepless nights
Wide awake knowing that I deserve better

But what's a girl supposed to do whenever everybody's eyes are on you And what's a girl supposed to say when nobody wants the truth

Breathe deep
Take a chance on me
I'm not the girl I used to be
I won't repeat history
I'm just gonna breathe deep
Take a chance on me
I gotta believe, it's more than I see
So I'm just gonna breathe deep
Ooh-ooh-ooh-ooh, ooh-ooh ooh ooh
Ooh-ooh, ooh

I've had way too many heavy days
Tryna hold the whole world up on my shoulders
If I could take the pain away
I wouldn't spend another moment feeling so hopeless

But what's a girl supposed to do whenever everybody's eyes are on you And what's a girl supposed to say when nobody wants the truth

Breathe deep
Take a chance on me
I'm not the girl I used to be
I won't repeat history
I'm just gonna breathe deep
Take a chance on me
I gotta believe, it's more than I see

How can I fly if I don't fall?
I'll never get high if I don't start on the ground
How do you know if it's true love, if you've never been hurt before?
And how will I find the strength to fight, if I've never been broken down?
Down down down, I'm coming up for here now

Breathe deep
Take a chance on me
I'm not the girl I used to be
I won't repeat history
I'm just gonna breathe deep
Take a chance on me
I gotta believe, it's more than I see

I just gotta breathe deep Yeah, yeah, yeah, yeah-yeah Ooh-ooh-ooh-ooh, ooh-ooh ooh Ooh-ooh, ooh