

# Slowdown

Ignite

Down and out  
In Budapest and Los Angeles  
I drank a river to forget  
To forget about the coming storm  
The curtains are down  
The lights are off  
And the doors are closed  
I think about this life I've known  
And I hope this time  
I won't let it go

Will you catch me when I run  
Will you stop me when I'm done  
When the day is through  
All I want to do is slow down  
When I call on you  
Will you help me to slow down

I walk alone through this place  
I can't find my way  
This house is just an empty space  
I never felt it was my home  
Where've you been  
I stole, I lied  
I've hurt, I've sinned  
My path has led  
Me here again  
There's splinters in my  
Knees and bones

Will you catch me when I run  
Will you stop me when I'm done  
When the day is through  
All I want to do is slow down  
When I call on you  
Will you help me to slow down

Every time I start to break  
You pull me back  
And help me stay  
You struggle with me  
There's splinters in my  
Knees and bones  
I try to find my  
Way back home  
You struggle with me  
I try to find my way

Will you catch me when I run  
Will you stop me when I'm done  
When the day is through  
All I want to do is slow down  
When I call on you  
Will you help me to slow down