Simmer down, gather round and share the vision
Brothers and Sisters
Lift your voice and we will listen in the middrs of last days,
As we pray for new beginnings
Make a mends for the past and find new ways to make decisions,
To the Muslims, Jews and Christians burn the borders
And baptize all our sons and daughters
On common shores of common waters,
Understand the metaphor,
See the race goes not to the swift but to he who adore

Yes we keep Trodin on...
Through all thus streets and valley's
Yes we keep Trodin on...
Unification turn Babylon down
Trodin on...
Through all thus streets and valley's
Yes we keep Trodin on...
Many more might we walks so you fist on strong

Blessed with roots and culture
Here me now again fi prise the true word are da
No follow the lass of science but the lass of nature
An the youths we chant for dem are the future
Burn down Rome and dem politics structure
Dem not know di question dem wan give we di answer
Use and abuse me wonder wat dem a tek we fa
Burn we a burn no bother blaze with fire

Yes we keep Trodin on...
Through all thus streets and valley's
Oh Yes we keep Trodin on...
Unification turn Babylon down
Trodin on...
Through all thus streets and valley's
Yes we keep Trodin on

Let us gather under the seeders in the sycamore trees

Let us be a leaf amongst leaves amongst the righteous man and thieves

In times of crisis let us walk wit ease and shine bright

Leavethe blind wide at the darkness what was lost must come to light

Nuff a dem feel dem vibes and dem drive di avoided The truth afi repeat so now a det try fi bun it Change ino ways and stop gwan bad minded Promuness stop seek and promised land you a go find it

Let us find a resting place no mater culture critter race
Ina world dat fast pace communication often double face
Beyond dem cost of living may hays dem move on
Let us form a bond detrs everlasting like the past to trod upon

And meditation oblif me
Keep me sheltered me from the hindicrity
Your brightness and integrity shall preserve me
Jah guide and protect me who wants scare me
Hypocritical people are you we a go bun

Could a be di bear di higel ared did are gon Don't give up the fight you have to move along Many more nights we walks are you fist and strong

Yes we keep Trodin on...
Through all thus streets and valley's
Oh Yes we keep Trodin on...
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Trodin on...
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Yes we keep Trodin on