

Panic

From Ashes to New

From the outside looking in
Yeah you see a smile on my face
But it's so different from what it is
This cruel and unusual punishment
I try to stop the thoughts but end up doing it all again
It's a dark cloud over my head
It changes how I see life till I forget how to live
Till I forget what I am
Is it the devil within?
Or is it panic that I'm living just to see how it ends?

Why?
Is there nothing but this feeling inside?
Got me acting like I'm outta my mind
Why?
Can't breathe can't sleep I'm fine
I tell myself I'm fine

But I'm gone
I'm caught in a panic
I'm lost and I'm damaged
Can't find my way
All I want
Is someone to save me
Cuz I am fading and I can't escape

Every night I've been losing sleep
Getting chased by the feeling that's taking over me
I'm in a panic
And I'm lost inside the static
Getting buried alive with the skeletons in the attic
Can I let it go or let it take me to the grave yeah
I'd give it all just to make it go away yeah
I burn a hole in my soul when I pray
I got one inside the chamber and it's calling out my name

Why?
Is there nothing but this feeling inside?
Got me acting like I'm outta my mind
Why?
Can't breathe can't sleep I'm fine

But I'm gone
I'm caught in a panic
I'm lost and I'm damaged
Can't find my way
All I want
Is someone to save me
Cuz I am fading and I can't escape (this life)

Feel like I'm losing my mind
I feel like I'm losing my mind
And I pretend that I'm fine
But I'm losing my mind
I'm losing my fucking mind
I pretend that I'm fine inside
But I'm losing my fucking mind

I pretend that I'm fine but I'm buried alive
And I'm losing my fucking mind

But I'm gone
I'm caught in a panic
I'm lost and I'm damaged
Can't find my way
All I want
Is someone to save me
Cuz I am fading and I can't escape

I'm gone
I'm caught in a panic
I'm lost and I'm damaged
Can't find my way