

Helena Beat

Foster the People

Em D
Sometimes life it takes you by the hand
C D
It puts you down before you know it
G D
It's gone and you're dead again
Em D
I've been in places and I won't pretend
C D
That I make it I just
G D Em
Follow my head
Em D
When it's strange to take a walk downstairs
C D
Sweep you all up on a corner
G D
And pay for my bread
Em D
You know that I cannot believe my own truth
C D
To show what a truth
G D Em
Got nothing to lose

Em D
Yeah yeah and it's okay
C D
I tie my hands up to a chair
G D
So I don't fall that way
Em D
Yeah yeah and I'm alright
C D
I took a sip of something poison
G D Em
But I'll hold on tight

You know those days when you wanted to choose
To not get out of bed and
Get lost in your head again
You play the game but you gotta cut
Cuz' you're coming down hard
Your joints are off stud
I tried to say that's not the only way
I never knew if I could
Convince myself to change
You were pacing I was insecure
Slip and fall I got the calls of the
Prison I was living in

Yeah yeah and it's okay
I tie my hands up to a chair
So I don't fall that way
Yeah yeah and I'm alright
I took a sip of something poison
But I'll hold on tight

