Every now and then, it all comes back to me
The feeling won't let me be, following me like a bad dream
Memories in my mind, cutting me like razor blades
Might have been young at the time, seems like it was yesterday

But I try to bury it deep under the surface So that nobody could see that I am hurting Yeah, I try to bury it deep under the surface So that nobody could see that I am hurting

I'll take it to the grave, I'm hiding all my demons
'Cause my secrets are safe here, keep them locked up undergroun
d

'Cause I don't wanna listen, I do it so the voices in my head d on't seem so loud

Tell me if the trees
But nobody sees it, does it make a sound?
If I keep it under lock and key
So nobody knows it, will they find out?

I try to bury it deep under the surface So that nobody could see that I have heard it

I'll take it to the grave, I'm hiding all my demons
'Cause my secrets are safe here, keep them locked up undergroun
d

'Cause I don't wanna listen, I do it so the voices in my head d on't seem so loud

Oh, some things you just cannot see
Suppressing the feelings won't make them leave
Wish you could unmemorize, all of the memories
But they don't rest in peace
They'll come back to haunt
Monsters around to get you
Forgive yourself and all of the others
What they put you through, oh don't

Take it to the grave, don't you hide all your demons
'Cause your secrets ain't safe here, locked up underground
Take it to the grave, I think it's time you listen
Before the voices in your head
Are gonna get too loud