I am a part of the sun and the sky and the heavens above Move where the rivers flow, fly with the breezes forever And the earth and the sea and the hills and the trees they're a part me

All life, all life, is one, is one

Bathe in the mountain streams run through green meadows and val leys below

And the earth and the sea and the hills and the trees they're a part of me

All life, all life, is one, is one

What moves the hands on the clock on the wall?

What makes the rains and the snowflakes fall?

As the pendulum swings, so it drives the machines

Nature's force is the source, she's the source of us all, oh

I feel this new found force driving the words from my pen

Here, as I compose my thoughts firing my heart

As as my heart drives the blood

Throught my veins, warmth, feel it baptise my soul

All in rhyme, a verbal procession

All in rhyme, a lyric obsession

There's a force in us all

There's a force drives the blood in my veins

And this force speaks in poetry