

Control Yourself

Doris Day

Control yourself, contain yourself
Restrict yourself, restrain yourself
And always let tranquility be your goal

Control yourself, contain yourself
And if you can't, explain yourself
And try to act agreeably on the whole

Life is far too short to spend it in a huff
Try to be the sort of guy who laughs
When things get rough

Control yourself, contain yourself
You can and still remain yourself
If you will let serenity in your soul

You must contain yourself
Restrain yourself
And train yourself, to gain yourself control

Control yourself, contain yourself
Restrict yourself, restrain yourself
And always let tranquility be your goal

Control yourself, contain yourself
And if you can't, refrain yourself
And try to act agreeably on the whole

Life is just too great to waste it being sad
Try to imitate the guy who grins
When things walk back

Control yourself, contain yourself
And soon you won't, complain yourself
If you will let serenity in your soul

You must contain yourself
Restrain yourself
And train yourself to gain yourself control